

We care deeply about families and children, and want to help you be the best that you can be.

A lot of things can happen to get families off-track, including stress, the demands of daily living, bad things happening in your life, or feeling overwhelmed.

We help get you back on track!

- We **LISTEN** to what you need and feel.
- We **HELP** you understand what your baby needs to feel safe and connected to you.
- We **TEACH** you ways to solve problems and build a loving bond with your child.



As a Parent...

Would you like to:

- Spend more time with your baby?
- Better understand what is happening as your toddler grows and changes?
- Do things differently than the way you were raised?

Would you like to see your child:

- Feel safe and connected with you?
- Learn to communicate with you?

SUPPORTING EARLY CONNECTIONS

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Supporting Early Connections

Helping Babies and Parents in Dependency Court



Do you want a better relationship with your child?

We know that being in dependency court is difficult.

Child-Parent Therapy is a chance to spend time with your baby while you both learn and grow in your relationship.

As a parent, we'll help you...

- Understand what's happening as your child grows and changes
- Develop trust and share joy with your child

And we'll help your child...

- Feel safe and connected to you
- Communicate with you
- Cope with frustration



Are you eligible for Supporting Early Connections?

- Was your dependency court case filed in the last 6 months in King County?
- Is your child between 4 and 36 months old?
- Is your child placed with you or a caregiver in Seattle, West Seattle, Burien, White Center, Tukwila, Renton, Federal Way, Des Moines, Kent or Auburn **OR** can your child be brought to West Seattle or Auburn each week?
- Does your social worker work in the King South (Kent), King West (Seattle), White Center, Martin Luther King Jr., or Indian Child Welfare Office?

If you answered **YES** to all of the questions above, then make an intake appointment with SEC to see if your child qualifies for Child-Parent Therapy paid for by Medicaid.

In SEC you will:

- Complete the intake process, which may include multiple appointments with you and your child.
- Attend weekly sessions with your child and a Navos therapist for approximately one year.
- Receive three reports about your family's goals and progress during the year of therapy. Your attorney, social worker and the judge will also receive the reports.



Make an intake appointment to see if you qualify for Supporting Early Connections

Ask your attorney to refer you
or

Download a referral form at navos.org

Send your form to SEC

- By fax — 206-933-7297
 - By email — SEC@navos.org
- Questions? Call 206-933-7075