Meeting the Needs of Young Children in Child Welfare

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Why Early Childhood?

What do the numbers tell us?

PP Handout at:
www.earlychildhoodpolicy.com/courttrain.html

Entries Into Out of Home Care

- Washington Children Under 5 (0-4)
  - 2012 – 50%  www.partnersforourchildren.org/child-well-being
  - 2011 – 49%
- King County  Look up state and county data on the Partners for Our Children Data Portal
  - 2012 – 52%
  - 2011 – 50%
- July 1, 2013 – Children in Care
  - 53% < 5 years old

Disrupted Behaviors, Bodies and Brains

Children on Medicaid (2010)

Children birth to five in foster care have a much higher prevalence of developmental, attentional, behavioral and adjustment disorders

Washington Baby Facts

- 1 in 4 maltreated children are under the age of 3
- Dependency Filings (2012)
  - 61% < 6 years old
  - 25% < 1 year old
  - Orme, et. al. (2013)

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What is Infant and Early Childhood Mental Health?

- Key Capacities
  - Experience, regulate and express emotions
  - Form close and secure interpersonal relationships
  - Explore the environment and learn

- Health & Well-Being
  - Synonymous with healthy social-emotional development.

Babies Can Suffer & Need Treatment

- Traumatic Stress Responses (PTSD) and Depression
  - Identified in Babies 4-6 months old

ZERO TO THREE: National Center for Infants, Toddlers, and Families. (2005) Diagnostic Classification of Mental Health and Development Disorders of Infancy and Early Childhood, Revised (DC:0-3R)

Administration for Children, Youth, and Families 4/17/12 Memo

“ACYF is organizing many of its activities around the promotions of meaningful and measurable changes in social and emotional well-being for children who have experienced maltreatment, trauma, and/or exposure to violence.”

An Evidence Based Treatment: Child Parent Psychotherapy (CPP)

- Attachment, Psychoanalytic and Trauma Theories
- Cognitive-Behavioral and Social Learning Therapies
- Attention to Family Cultural Values

Lieberman & Van Horn (2008)
CPP May Include
- providing information
- caregiver coaching
- play therapy
- cognitive-behavioral therapy

Wraparound Foster Care in Illinois
- Greater Improvement than SOC Alone
  - Traumatic stress symptoms
  - Strengths
  - Life Domain Functioning
  - Behavioral Emotional Needs
  - Risk Behaviors
  - Reduced Placement Disruptions
- Effective Across Race/Ethnic Subgroups

Part C Early Intervention (EI) Services
AKA
Birth to Three

Keep a Watch Out!

Remember ....
Trauma and Toxic Stress
May Lead to Delays

Children 1-5 Reported for Maltreatment
- Below Peers Developmentally
  - social-emotional
  - cognitive
  - language
  - daily living skills
  - behavioral
  - and social-skill-based
- 42.3% potentially eligible for services under IDEA

Child Welfare Involved Infants & Toddlers
- Approximately half (35-68%) have developmental delays or disabilities.
  - Graham, M. A. (2011)
  - Leslie et al. (2005)
- Referrals screened with no services
  - Risk
- Children receiving in-home services
  - Risk
- Children in out-of-home care
  - Stahmer et al (2005)
  - Barth et al (2007)
  - Wulczyn et al (2011)
Individuals with Disabilities Education Act (IDEA) Part C

Provides individualized early intervention services to families with children birth to three who have developmental delays or disabilities.

- Individualized Family Service Plans (IFSP) 0-3
- Individualized Education Plans (IEP) 3-21

Developmental Domains Assessed In Part C

- Cognitive - ability to learn/how a child learns
- Physical - ability to move, see and hear
- Communication - ability to understand language and express needs
- Social/emotional - ability to relate with others
- Adaptive skills - ability to dress, eat and take care of themselves

Laws Line Up

- Individuals with Disabilities Education Act (IDEA)
  - 2004
  - 2011 Regs
- Child Abuse Prevention and Treatment Act (CAPTA)
  - 2003
  - 2010

Still Not Getting Services

In Child Welfare ...

Less than half of likely qualified infants and toddlers have a Part C Individualized Family Service Plan (IFSP).

Casano, Ufeks, Fraser, Lederman, & Katz (2010)
In Graham, M A (2011)

Referrals to Part C in WA

Child Protection Services or Child Welfare Services

- Statewide ~4% (FY12-13)
- King County
  - 1.85% 2012
  - 3.52% 2013
  - 4th Quarter - 4.96%

KC is Looking Up!

Part C in Washington

Early Support for Infants and Toddlers
Family Health Hotline
1-800-322-2588
www.del.wa.gov/esit

Please Ask Video
www.youtube.com/watch?v=JoaFNGmSU5U
Guiding Concepts Video
www.youtube.com/watch?v=yGqAOZrvQQU&feature=youtu.be

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Supporting Early Connections, Seattle, WA 3/28/14

Early Learning

Home Visiting
Licensed Child Care
Center-Based Early Learning Programs

Evidenced Based Home Visiting Programs

Support Development and Reduce Child Abuse and Neglect

- Department of Early Learning
  - www.del.wa.gov/development/visiting/
- Thrive by Five Washington
  - http://thrivebyfivewa.org/home-visiting/
- Fight Crime Invest in Kids, Washington
  - www.fightcrime.org/state/washington

Quality Child Care Keeps Development Moving Forward

Particularly for at-risk children

High Quality Center Based Programs are Underutilized

- Foster Care = Auto Eligible for Head Start and Early Head Start
  - 9.2% of children under 5 in care nationally (2008)
  - www.acf.hhs.gov/sites/default/files/cb/im1101.pdf
- Washington State – Children in Foster Care
  - 3% of all the slots in Early Head Start, Head Start and Early Childhood Education Assistance Program (ECEAP)

Helping Courts Ask:

- Questions Every Judge and Lawyer Should Ask About Infants and Toddlers In the Child Welfare System
  - National Council of Juvenile and Family Court Judges

References


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