

Seeing Solutions  
Through the Eyes of the Infant

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Today's Topics

- Applying the Science
  - Goals
  - Caregiver Mental Health
  - Relationship Changes
  - Child Mental Health
  - Development Over Time
  - Addressing Trauma
- Resources


[www.earlychildhoodpolicy.com/courttrain.html](http://www.earlychildhoodpolicy.com/courttrain.html)



Applying the Science to  
Our Day to Day Work:  
Considerations for  
Decision Making and Practice

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Building "Normal"



"Normal is as normal does --- every day."  
(Sheri L. Hill)


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"It's about the kids. People talk about parents getting their children back. But really, this is about the children getting their parents back."  
Judge Douglas F. Johnson of Omaha

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Address Caregiver Mental Health



- Only 34% of parents know a child can sense if they are angry or sad and can be affected by these moods
  - Parents under 25 (41%)
  - Mothers (39%)
  - African American and Hispanic Parents (28%)

■ ZERO TO THREE 2009 National Parent Survey

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## Recognize Relationship Changes Matter

Young children grieve when their attachment relationships are disrupted – regardless of whether we as adults would consider it a positive, less than adequate or even abusive relationship.



■ *Neurons to Neighborhoods*

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## The View through the Infant's Eyes

■ *"We need to change the words we use.....when we move a baby in care from one home to another home...or one placement to another placement... what we are really doing is....moving a baby from one relationship to another relationship."* Dorothy Henderson, LCSW

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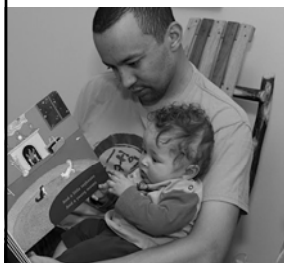
*"Babies don't see legal or blood relationships -- they only see interpersonal relationships."*

Hill, S. & Solchany J. (November, 2005) Mental Health Assessments for Infants and Toddlers. *ABA Child Law Practice*.

Available to download at: [www.earlychildhoodpolicy.com/courtrain.html](http://www.earlychildhoodpolicy.com/courtrain.html)

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## Consider Relationship Experiences



Very young children with positive relationship experiences .....

*"....will transfer those positive expectations to the foster mother, making it easier for the new caregiver to understand the baby's need."*

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Dozier, M. et.al (2001)




*" .... have low expectations for nurturing care and behave in ways that do not elicit nurturance."*

Dozier, M. et.al (2001). *Child Development*, 72(5).

## Experience Matters

Positive or negative experiences can work both ways.


Apply to parents as well as non-parental caregivers.



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## Who is stepping up to the relationship plate?


- Children need emotional care not custodial care
- Commitment is Critical
  - Dozier, M, Bick, J & Bernard, K (2011)



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## Young Children Do Have Mental Health

- Key Capacities
  - Experience, regulate and express emotions
  - Form close and secure interpersonal relationships
  - Explore the environment and learn
- Health & Well-Being
  - Synonymous with healthy social-emotional development.



[www.zerotothree.org](http://www.zerotothree.org)

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## Babies Can Suffer & Need Treatment

- Traumatic Stress Responses (PTSD) and Depression
  - Identified in Babies 4-6 months old
- ZERO TO THREE: National Center for Infants, Toddlers, and Families. (2005) Diagnostic Classification of Mental Health and Development Disorders of Infancy and Early Childhood, Revised (DC:0-3R)

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## What Do Caregivers Know?

- "Only 30% of parents know a child can experience sadness and fear by 6 months of age."
- "1 in 5 parents think a child can control their emotions, such as not having a tantrum when frustrated by 2 years old."


- ZERO TO THREE 2009 National Parent Survey
- [www.zerotothree.org/parentsurvey](http://www.zerotothree.org/parentsurvey)

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## Keep in Mind: Knowledge and Relationships Are Based in Culture


"A baby can be understood only through the cultural outlook of the adults interpreting him."

- Lieberman (1990)



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### Parents, Caregivers and Babies Need Time to Learn




Understanding and learning the dance takes time, practice and patience.

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### Healthy Attachment Relationships Take Time


Clear preferences for a small number of caregivers that emerges over the first year of life.



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### Keep an Eye on Development!

Less than half of likely qualified infants and toddlers have a Part C Individualized Family Service Plan (IFSP).



Casaneuva, Urato, Fraser, Lederman, & Katz (2010)  
In Graham, M A (2011)

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### Consider Trauma

- What have they witnessed?
- What have they experienced?
  - One Event --- Many Experiences
  - Important to Grown-Ups ≠ Important to Babies

Many Faces of Trauma

<http://healingresources.info/index.htm>

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"Young children's responses to violence bear the imprint of their developmental stage."

Lieberman, Briscoe-Smith, Ghosh Ippen, Van Horn. (2006) p66

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### Parents, Caregivers & Babies May Need Help



- Support, help or their own corrective experience in being parented.
- Remember everyone needs time to learn.

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## Consider Therapy Referrals



*Child Parent Psychotherapy*

- Attachment, Psychoanalytic and Trauma Theories
- Cognitive-Behavioral and Social Learning Therapies
- Attention to Family Cultural Values

Lieberman & Van Horn (2008)

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## Improvements with CPP

- Dyad
  - Relationship Interactions
  - Attachment Security
- Parent (Typ. Mother)
  - Mood
  - PTSD symptoms
- Child
  - Behavior
  - PTSD Symptoms
  - Attributions
  - Cognitive Functioning

Lieberman & Van Horn (2008)

Miami-Dade CPP

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## Always Keep In Mind ...



Early Relationships Are Important!

## Resources to Help

General Early Childhood

**S** = Resources Available in Spanish

## Casey Sponsored -- WA Early Learning Symposium

Applying the Science of Early Childhood Development to State Policy and Practice: a Case for Action and a Call for Innovation (Nov. 2010)

[www.casey.org/resources/events/earlylearning/wa/default.htm](http://www.casey.org/resources/events/earlylearning/wa/default.htm)

- Watch videos of proceedings
- Lots of great local and national resources
- Symposia info from Florida & Nevada available

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## Keeping an Eye Out for Depression

*Speak Up When You're Down!*

- Statewide post partum depression awareness campaigns.
  - Washington  
[www.speakup.wa.gov](http://www.speakup.wa.gov)
  - New Jersey  
[www.njspeakup.gov](http://www.njspeakup.gov)
- Great Info and National Resources



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## Keys to Perinatal Depression

- A free, web-based training program for nurses, social workers, mental health providers and other health professionals.
  - Module I: *Understanding and Assisting Women with Perinatal and Postpartum Mood Disorders*
  - Module II, *Relationship Focused Practice*
  - Module III, *Screening for Perinatal Depression*
    - Two no-cost, self-administered detection and measurement tools are introduced and their application is demonstrated.

<http://steppingup.washington.edu/keys/default.htm>

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## More IMH and Depression Resources

- [www.ProjectABC-LA.org](http://www.ProjectABC-LA.org) **S**
  - Infant Mental Health materials for parents and professionals. Don't miss their materials page: [www.projectabc-la.org/resources/materials.php](http://www.projectabc-la.org/resources/materials.php)
  - Short video related to **Infants of Depressed Mothers Living in Poverty: Opportunities to Identify and Serve**  
[www.urban.org/publications/500205.html](http://www.urban.org/publications/500205.html)

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## Screening for SE & MH Needs

- Developmental and Social-Emotional Screening of Young Children in MN  
[www.health.state.mn.us/divs/fh/mch/devscrn/](http://www.health.state.mn.us/divs/fh/mch/devscrn/)
- Developmental Screening and Assessment Instruments with an Emphasis on Social and Emotional Development for Young Children Ages Birth to Five (NECTAC, 2008)  
<http://nectac.org/~pdfs/pubs/screening.pdf>
- A Guide to Assessment in Early Childhood: Infancy to Age Eight. Washington State Office of Superintendent of Public Instruction. 2008  
[www.k12.wa.us/EarlyLearning/pubdocs/assessment\\_print.pdf](http://www.k12.wa.us/EarlyLearning/pubdocs/assessment_print.pdf)
- Screening for Social Emotional Concerns: Considerations in the Selection of Instruments (TACSEI January, 2009).  
[www.challengingbehavior.org/do/resources/documents/roadmap\\_1.pdf](http://www.challengingbehavior.org/do/resources/documents/roadmap_1.pdf)

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## How is the child developing?

- Child Profile – Developmental Charts and Letters
  - [www.childprofile.org](http://www.childprofile.org) A WA Resource **S**
- [www.cdc.gov/actearly](http://www.cdc.gov/actearly)
- [www.cdc.gov/parents/infants/](http://www.cdc.gov/parents/infants/) **S**
- The Importance of Early Intervention for Infants and Toddlers with Disabilities and their Families.
  - April 2011 Fact Sheet -  
[www.nectac.org/~pdfs/pubs/eifactsheet\\_2pg.pdf](http://www.nectac.org/~pdfs/pubs/eifactsheet_2pg.pdf)

## Book Recommendations: For All Caregivers

- Siegel, D. & Hartzell, M. (2004) *Parenting from the Inside Out: How a Deeper Self-Understanding Can Help You Raise Children Who Thrive*. New York, NY: Penguin Paperback. (There are DVD's for both professionals and parents that go with this book and a wealth of other materials on mindful parenting at <http://drdansiegel.com> )
- Gottman, J (2004). *What am I feeling? The Five Steps of Emotion Coaching*. (There is a DVD that goes with this book and training materials that can be found at: [www.parentingcounts.org](http://www.parentingcounts.org) )
- Greenspan, S (2000). *Building Healthy Minds: The Six Experiences that Create Intelligence and Emotional Growth in Babies and Young Children*. Cambridge, MA: Perseus Publishing.

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## WA Early Childhood Resources with Good Info For All

- Foundation for Early Learning (see resources) **S**
  - *Ten Simple Ways to Encourage Learning*.  
[www.earlylearning.org](http://www.earlylearning.org)
- Thrive by Five Washington – **S**  
[www.thrivebyfivewa.org](http://www.thrivebyfivewa.org)
- Talaris – [www.talaris.org](http://www.talaris.org)
  - Parenting Counts – [www.parentingcounts.org](http://www.parentingcounts.org)

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## ZERO TO THREE – For Parents

[www.zerotothree.org](http://www.zerotothree.org)

Many of the resources at their [bookstore](#) come in Spanish and free materials (see below) can be purchased there in full color print. **S**

- **What's Best for My Baby and Me?:**  
A 3-Step Guide for Parents (comes in packs of 12)
  - Dr. Hill's favorite for families **S**
- **Tons of Free Parent Brochures and Guides** **S**

[www.zerotothree.org/about-us/areas-of-expertise/free-parent-brochures-and-guides/](http://www.zerotothree.org/about-us/areas-of-expertise/free-parent-brochures-and-guides/)

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## More Resources for Parents

- Parenting Counts: [www.parentingcounts.org](http://www.parentingcounts.org)
  - Lots of great short videos and social-emotional resources
- A Family Guidebook: Supporting Development of Newborns and Infants [www.eicolorado.org](http://www.eicolorado.org) **S**
  - Part of their early intervention program but great for all.
- She's One Smart Mom, She's Got: [www.Text4Baby.org](http://www.Text4Baby.org)
  - Text BABY to 511411 (Envia BEBE al 511411 para Español)
  - FREE messages each week on your cell phone to help you through your pregnancy and your baby's first year. **S**
  - Text4baby is an educational program of the National Healthy Mothers, Healthy Babies Coalition.

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## Pyramid Model for Promoting Social-Emotional Competence in Infants and Young Children

- Technical Assistance Center on Social Emotional Intervention (TACSEI) for Young Children  
[www.challengingbehavior.org](http://www.challengingbehavior.org)
- Center on the Social and Emotional Foundations for Early Learning (CSEFEL) **S**  
<http://csefel.vanderbilt.edu/>
  - Tons of great handouts for parents too like "Reading Your Child's Cues from Birth to Age 2" & "Making Life Easier: Running Errands"

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## This Emotional Life (PBS)

A dynamic interactive website, with a wealth of resources for families, based around the PBS television series on social-emotional and mental health and well-being across the lifespan.

[www.pbs.org/thisemotionallife/](http://www.pbs.org/thisemotionallife/)

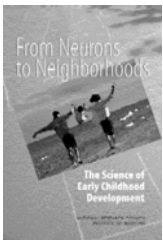
[www.pbs.org/thisemotionallife/topic/attachment](http://www.pbs.org/thisemotionallife/topic/attachment)

[www.pbs.org/thisemotionallife/topic/postpartum](http://www.pbs.org/thisemotionallife/topic/postpartum)

[www.pbs.org/thisemotionallife/campaign/early-moments-matter](http://www.pbs.org/thisemotionallife/campaign/early-moments-matter)

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## From Neurons to Neighborhoods: The Science of Early Childhood Development



**Committee on Integrating the Science of Early Childhood Development**

**Board on Children, Youth, and Families**  
Institute of Medicine  
National Research Council

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## Good General IMH Professional Books

- J Martin Maldonado-Duran, Editor (2002). *Infant and Toddler Mental Health: Models of Clinical Intervention with Infants and their Families*. Washington, DC: American Psychiatric Publishing Co.
- Weatherston, D., & Tableman B. (2002) *Infant Mental Health Services Supporting Competencies/Reducing Risks: A Manual for Community Programs*. Michigan Association for Infant Mental Health. [www.mi-aimh.org](http://www.mi-aimh.org)
- Tronick, E (2007) *The Neurobehavioral and Social-Emotional Development of Infants and Children*. New York, NY: WW Norton & Co.

## More General Good Professional Resources

ALL ZERO TO THREE PRESS

- V. Buysse & P.W. Wesley, Eds. (2006) *Evidence-Based Practice in the Early Childhood Field.*
- S.S. Heller & L. Gilkerson, Eds. (2009) *A Practical Guide to Reflective Supervision.*
- *Learning Happens* (2007) – 30 video vignettes of babies/toddlers learning skills in everyday interactions.

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## Good EI Oriented Professional Books

- Foley, G. M. & Hochman, J.D. Editors (2006). *Mental Health in Early Intervention: Achieving Unity in Principles and Practice.* Baltimore, MD: Brookes Publishing.
- Lillas, C. & Turnbull J (2009) *Infant/Child Mental Health, Early Intervention, and Relationship-Based Therapies: A Neurorelational Framework for Interdisciplinary Practice.* New York, NY: WW Norton & Co.
- Williamson, G., & Anzalone M. F. (2001) *Sensory Integration and Self-Regulation in Infants and Toddlers: Helping Very Young Children Interact with their Environment.* Washington, DC: ZERO TO THREE Publishing.

## National Early Intervention and Early Childhood TA Sites

- Early Childhood Outcomes Center:  
[www.fpg.unc.edu/~ECO/](http://www.fpg.unc.edu/~ECO/)
- National Early Childhood Technical Assistance Center  
[www.nectac.org/default.asp](http://www.nectac.org/default.asp)  
[www.nectac.org/topics/menhealth/menhealth.asp](http://www.nectac.org/topics/menhealth/menhealth.asp)
- Western Regional Resource Center:  
[www.rfccnetwork.org/wrrc](http://www.rfccnetwork.org/wrrc)

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## National Scientific Council on the Developing Child

[www.developingchild.net](http://www.developingchild.net)

- Collaboration - neuroscience, early childhood development, pediatrics, and economics.
- Don't Miss the In Brief Series!  
[http://developingchild.harvard.edu/library/multimedia/inbrief\\_series/](http://developingchild.harvard.edu/library/multimedia/inbrief_series/)
  - Short Videos and 2-Page Briefs On:
    - The Science of Early Childhood Development
    - The Impact of Early Adversity on Brain Development
    - Early Childhood Program Effectiveness

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## National Technical Assistance Center for Children's Mental Health

<http://gucchd.georgetown.edu/67211.html>

- Georgetown U Center for Child & Human Development
- Lots of great resources and free training conference calls
- Center for Early Childhood Mental Health Consultation :  
[www.ecmhc.org](http://www.ecmhc.org)
  - Free online Trauma tutorial
  - Free downloadable short books to assist caregivers in tracking developmental progress and help young children develop an emotional vocabulary.

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## Early Childhood Policy Websites

- ZERO TO THREE Policy Center
  - General Link – They send out great info and updates!  
[www.zerotothree.org/policy](http://www.zerotothree.org/policy)
  - Early Intervention Page  
[www.zerotothree.org/public-policy/infant-toddler-policy-issues/early-intervention-1.html](http://www.zerotothree.org/public-policy/infant-toddler-policy-issues/early-intervention-1.html)
- Birth to Five Policy Alliance [www.birthtofivepolicy.org](http://www.birthtofivepolicy.org)
- Ounce of Prevention Fund [www.ounceofprevention.org](http://www.ounceofprevention.org)
- First Five Years Fund [www.ffyf.org](http://www.ffyf.org)

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## Conceptualizing Attachment

[www.circleofsecurity.org](http://www.circleofsecurity.org)

**CIRCLE OF SECURITY**  
PARENT ATTENDING TO THE CHILD'S NEEDS

**SECURE BASE**  
I need you to...  
Support My Exploitation

**SAFE HAVEN**  
Protect me  
Comfort me  
Delight in me  
Organize my feelings

**Explore My Exploitation**  
Watch over me  
Delight in me  
Help me  
Enjoy with me

**Welcome My Coming To You**  
I need you to...  
Welcome My Coming To You

Always be RESPECTFUL, STRONGER, WISER, and KIND.  
Whenever possible, follow my child's lead.  
Whenever necessary, take charge.

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## ZERO TO THREE – National Center for Infants, Toddlers and Families

[www.zerotothree.org](http://www.zerotothree.org)

- Great stuff for professionals, policy makers, and advocates.
  - From Baby to Big Kid - monthly developmental newsletters
  - School Readiness Birth to 3 – interactive learning tool for readiness activities
- Child Maltreatment Related:
  - [www.zerotothree.org/maltreatment/](http://www.zerotothree.org/maltreatment/)

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## Resources to Help

Trauma, Child Welfare and Court Related

**S** = Resources Available in Spanish

## 2011 Child Welfare Briefs

- A Call to Action on Behalf of Maltreated Infants and Toddlers (2011) ---- Sponsored by:
  - American Humane Association, Center for the Study of Social Policy, Child Welfare League of America, Children's Defense Fund, ZERO TO THREE

[www.cssp.org/publications/child-welfare/A-Call-to-Action-on-Behalf-of-Maltreated-Infants-and-Toddlers.pdf](http://www.cssp.org/publications/child-welfare/A-Call-to-Action-on-Behalf-of-Maltreated-Infants-and-Toddlers.pdf)
- Young and Vulnerable: Children Five and Under Experience High Maltreatment Rates (2011)
  - Child Trends Early Childhood Highlights, Vol. 2, Issue 2

[www.childtrends.org/Files/Child\\_Trends-2011\\_04\\_29\\_ECH\\_YoungVulnerable.pdf](http://www.childtrends.org/Files/Child_Trends-2011_04_29_ECH_YoungVulnerable.pdf)

## National Court and Child Welfare Projects

- ZERO TO THREE Court Teams for Maltreated Infants & Toddlers
  - Free video: "Helping Babies from the Bench."  
[www.zerotothree.org/maltreatment/court-teams/index.html](http://www.zerotothree.org/maltreatment/court-teams/index.html)
- American Bar Association – Improving Understanding of Maternal and Child Health  
[www.americanbar.org/groups/child\\_law/projects\\_initiatives/health\\_of\\_infants\\_toddlers\\_preschoolers\\_iunch.html](http://www.americanbar.org/groups/child_law/projects_initiatives/health_of_infants_toddlers_preschoolers_iunch.html)

Don't miss the new Judge's Guide - [Healthy Beginning, Healthy Futures](#)

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## Partnering with the Courts Recommended Readings

- ABA/ZERO TO THREE Joint Briefs (2007)
  - Healing the Youngest Children: Model Court-Community Partnerships
  - Visitation with Infants and Toddlers in Foster Care: What Judges and Attorneys Need to Know

[www.zerotothree.org/about-us/funded-projects/court-teams/court-teams-popular-resources.html](http://www.zerotothree.org/about-us/funded-projects/court-teams/court-teams-popular-resources.html)
- Child Centered Practices for the Courtroom and Community: A Guide to Working Effectively with Young Children and Their Families in the Child Welfare System.
  - Lynne F Katz, EdD, Judge Cindy S Lederman, & Joy D Osofsky, PhD
    - Brookes Publishing, 2010

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## Getting the Courts to Ask: How is the baby or toddler doing?

- *Questions Every Judge and Lawyer Should ask About Infants and Toddlers In the Child Welfare System*

[www.ncjfcj.org/store/product\\_info.php?cPath=21\\_22\\_28&products\\_id=90](http://www.ncjfcj.org/store/product_info.php?cPath=21_22_28&products_id=90)

- *Ensuring the Healthy Development of Infants in Foster Care: A Guide for Judges, Advocates and Child Welfare Professionals*

[www.zerotothree.org/about-us/funded-projects/court-teams/court-teams-popular-resources.html](http://www.zerotothree.org/about-us/funded-projects/court-teams/court-teams-popular-resources.html)

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## Special Journal Issues for Courts/Child Welfare

- Juvenile and Family Court Journal, NCJFCJ, Fall 2008 – vol. 59 no. 4. Special Issue – Children and Trauma
- Juvenile and Family Court Journal, NCJFCJ, Spring 2004 – vol. 55 no. 2. Special Issue–Infants and Toddlers in Court
- Infant Mental Health Journal, Jan/Feb 2008 – vol. 29 no. 1. Special Issue – Forensic Issues in Infant Mental Health
- ZERO TO THREE Journal
  - Improving the Lives of Infants and Toddlers in Foster Care – January 2011, Vol 31, no. 3
  - Current Trends in Child Welfare – July 2008, Vol 28, no. 6
  - Coping with Separation and Loss -- July 2007, Vol 27, no.6

## Child Welfare Professional Readings/Materials

- Michigan Association of Infant Mental Health  
[www.mi-aimh.org](http://www.mi-aimh.org)
  - *Guidelines for Comprehensive Assessment of Infants and their Parents in the Child Welfare System.* (2005)
  - *Supporting Relationships for Infants and Toddlers with Two Homes.* (2010)
- Brenda Jones Harden (2007) *Infants in the Child Welfare System: A Developmental Framework for Policy and Practice.* ZERO TO THREE Press.
- Sheryl Dicker (2009) *Reversing the Odds: Improving Outcomes for Babies in the Child Welfare System.* Brookes Publishing.

## Child Welfare and EI CAPTA & IDEA

- National Early Childhood Technical Assistance Center  
[www.nectac.org/topics/earlyid/capta.asp](http://www.nectac.org/topics/earlyid/capta.asp)
- Child Welfare Information Gateway  
[www.childwelfare.gov/systemwide/service\\_array/earlychildhood/childwelfare.cfm](http://www.childwelfare.gov/systemwide/service_array/earlychildhood/childwelfare.cfm)
- Administration for Children & Families  
[www.acf.hhs.gov/programs/cb/laws\\_policies/cblaws/capta/index.htm](http://www.acf.hhs.gov/programs/cb/laws_policies/cblaws/capta/index.htm)

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## Attachment In Foster Care

- "A healthy, secure attachment generally means the child has been supported in:
  - learning coping skills,
  - helped to adapt to changes
  - learned to contain and soothe distress,
  - and learned to self-regulate their emotions and behaviors."
- *Healthy Attachment for Very Young Children in Foster Care* by JoAnne Solchany and Lisa Pilnik, pg 87.

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Vol 27, No 6 Aug 2008, [www.childlawpractice.org](http://www.childlawpractice.org)  
(Available to download on Dr. Hill's website)

## Web Resources on Trauma

- Healing Resources.info: Preventing and Healing Stress Related Problems
  - [www.healingresources.info](http://www.healingresources.info)
  - Great Video! *Trauma, Brain & Relationship: Helping Children Heal*
- The ChildTrauma Academy
  - [www.childtrauma.org](http://www.childtrauma.org)
- National Center for Children Exposed to Violence
  - [www.ncccev.org](http://www.ncccev.org)

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## National Child Traumatic Stress Network

[www.nctsn.org](http://www.nctsn.org)



*Mission: To raise the standard of care and improve access to services for traumatized children, their families and communities throughout the United States.*

Tons of great resources for professionals and caregivers and lots of free training options. Includes special resources for military families.

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## Trauma Readings

- Ed: Lieberman, AF & DeMartino, R (2006) **Pediatric Round Table: Interventions for Children Exposed to Violence**, Johnson & Johnson Pediatric Institute.
  - Lieberman, AF, Briscoe-Smith, A, Ghosh Ippen, C, Van Horn, P. *Violence in Infancy and Early Childhood: Relationship-Based Treatment and Evaluation*. P. 65-83  
[www.nctsn.org/nctsn\\_assets/pdfs/reports/HarrisManuscript.pdf](http://www.nctsn.org/nctsn_assets/pdfs/reports/HarrisManuscript.pdf)
- Ed: Joy D. Osofsky (2005) **Young Children and Trauma: Intervention and Treatment**. Guilford Press
- Solomon, MF, & Siegel, DJ (2003) **Healing Trauma: Attachment, Mind, Body and Brain**. Norton Prof. Books
- Lieberman, AF (2007) Ghosts and Angels: Intergenerational patterns in the transmission and treatment of the traumatic sequelae of domestic violence. *Infant Mental Health Journal*, 28 (4) 442-439.

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## More Trauma Readings

- Osofsky, J. (2003) *Prevalence of Children's Exposure to Domestic Violence and Child Maltreatment: Implications for Prevention and Intervention*. *Clinical Child and Family Psychology Review*, Vol. 6, No 3, pp. 161-170.
- Kathleen Rice & Betsy Groves (Child Witness to Violence Project, Boston Medical Center) (2005) *Hope & Healing: A Caregiver's Guide to Helping Young Children Affected by Trauma*. ZERO TO THREE Press.
- Lieberman, Compton, Van Horn, and Ippen (2003) *Losing a Parent to Death in the Early Years: Guidelines for the Treatment of Traumatic Bereavement in Infancy and Early Childhood*. ZERO TO THREE Press.

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## Evidence Based Practice

- Dept. of Justice and Dept. of Health and Human Services 2011 Publication
  - Evidence-Based Practices for Children Exposed to Violence: A Selection from Federal Databases  
[www.safestartcenter.org/pdf/Evidence-Based-Practices-Matrix\\_2011.pdf](http://www.safestartcenter.org/pdf/Evidence-Based-Practices-Matrix_2011.pdf)
- California Evidence Based Clearinghouse for Child Welfare: [www.cebc4cw.org](http://www.cebc4cw.org)
  - Child Parent Psychotherapy:  
[www.cebc4cw.org/program/child-parent-psychotherapy/](http://www.cebc4cw.org/program/child-parent-psychotherapy/)

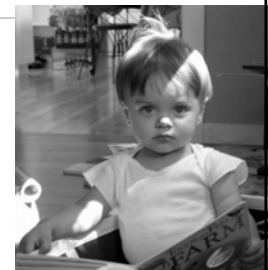
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## Treatment Summary Briefs

- Roadmap to Effective Intervention Practices: Family-Focused Interventions for Promoting Social-Emotional Development in Infants and Toddlers with or at Risk for Disabilities. (September 2010, Diane Powell and Glen Dunlap)  
[www.challengingbehavior.org/do/resources/documents/roadmap\\_5.pdf](http://www.challengingbehavior.org/do/resources/documents/roadmap_5.pdf)
- Clinical Interventions to Enhance Infant Mental Health: A Selective Review (July 2005, Zeanah, Stafford and Zeanah)  
[www.healthychild.ucla.edu/publications/IMH%20Evidence%20Review%20FINAL.pdf](http://www.healthychild.ucla.edu/publications/IMH%20Evidence%20Review%20FINAL.pdf)
- Improving Maternal and Infant Mental Health: Focus on Maternal Depression (July 2005, Ngozi Onunaku)  
[www.healthychild.ucla.edu/publications/Maternal%20Depression%20Report%20FINAL.pdf](http://www.healthychild.ucla.edu/publications/Maternal%20Depression%20Report%20FINAL.pdf)

## Finding Skilled Providers – State Level Endorsements

- California Center for **Infant-Family and Early Childhood Mental Health**  
[www.ecmhtraining-ca.org](http://www.ecmhtraining-ca.org)
- Michigan Endorsements
  - In use in multiple states.  
[www.mi-aimh.org/endorsement](http://www.mi-aimh.org/endorsement)



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## Child Parent Psychotherapy Basic Books

- Lieberman, A. & Van Horn, P. (2005) **Don't Hit My Mommy! A Manual for Child-Parent Psychotherapy With Young Witnesses of Family Violence.** Washington, D.C.: ZERO TO THREE Press.
- Lieberman, A. & Van Horn, P. (2008) **Psychotherapy with Infants and Young Children: Repairing the Effects of Stress and Trauma on Early Attachment.** New York, NY: Guilford Press.

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## Mary Dozier - ABC Intervention

The Attachment and Biobehavioral Catch-up Intervention is a training program for caregivers of young children who have been neglected and caregivers of young children in foster care.

<http://abcintervention.com/>

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