

Through the Eyes of the Infant:
Meeting the Needs of Young Children
in Child Welfare

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www.casey.org

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Slide 2

Today's Topics

- Babies, Brains and Relationships
- What Relationships Do
- Stress and Trauma
- Applying the Science to Our Day to Day Work
- Resources



www.earlychildhoodpolicy.com/courtrain.html


Setting the Stage:
Babies, Brains and Relationships

(aka – Why Focus on Infants and Toddlers?)

Slide 4

Baby Facts

- National entries into foster care
 - 31% <3 years old (FY 2009)
- National abuse deaths
 - 79.8% <3 years old (FY 2008)
- Approximately half (35-68%) have developmental delays or disabilities.



Melmed, M (2011)
Graham, M. A. (2011)
F. Wulczyn & K.B. Hislop (2002)
Leslie et al. (2005)

Slide 5

Infants and Foster Care

Fiscal Year 2008

- 22% of new admissions
- Four times more likely to enter care
- More time in out-of-home care
 - 60% spent most of their time in foster care
- Longer stays
 - Longest for entries in 0-3 months



Wulczyn, F, Chen, L, Collins, L & Ernst, M (2011) [Zero to Three](#). (31:3)

Slide 6

Reunifications and Disparities

- Infants & adolescents reunify more slowly
(Harris & Courtney, 2003)
 - Higher % infants in care => lower regional reunification rates
(WSIPP, 2004)
 - Nearly 1 in 3 reenter care
(Wulczyn et al, 2011)
- The disparity between black and white admissions is greatest in infancy.
(Wulczyn et al, 2011)

Slide 7


2010 Franklin County Data

- Screened-In Intakes
 - 0-3 Year Olds: 23% of Intakes
- Dependency Cases
 - 0-11 Months (Infants): 25% of Cases
 - 12-35 Months (Toddlers): 11% of Cases
- Children in Out of Home Care on 12/31
 - 19% (1 in 5) of all children in out of home care that day were under 36 months of age

Slide 8

Franklin Exit Trends 2005-2008 Entries

- Reunification by Age at Entry
 - Infants: 30-43%
 - 1 Year Olds: 48-66%
 - 2 Year Olds: 45-58%
- Relative Care by Age at Entry
 - Infants: 29-33%
 - 1 Year Olds: 22-33%
 - 2 Year Olds: 24-36%



Many thanks for this data pull to Jessica Foster, PhD
Management Analyst, Franklin County Children Services

Slide 9

Brain Changing Prime Time

- Newborn – 400 grams
- 3 Year Old – 1100 grams
- Adult – 1500 grams




Image: www.brainconnection.com
© 1999 Scientific Learning Corporation


Slide 10

Experience Changes the Brain

- "...our experiences are what create the unique connections and mold the basic structure of each individual's brain."
 - Siegel, D., Hartzell, M. (2003)
- "Neurons that fire together, wire together." – Hebb's Law
 - Donald Hebb (1949)
- Today will change your brain!

Slide 11

Building "Normal"



"Normal is as normal does --- every day."
(Sheri Hill)

Slide 12

Babies Come Relationship Ready



Babies are born (hard-wired) to fit into social relationships

Slide 13

Serve and Return

Slide 14

The Brain in Relationship

- Monkey See – Monkey Do
- Video Learning a No Go for Babies
- Sharing Brain Wave Patterns



Slide 15

What Relationships Do

Slide 16

Early Relationships Are Important !!!

“Each achievement – language and learning, social development, the emergence of self-regulation – occurs in the context of close relationships with others.”

- *From Neurons to Neighborhoods, National Academy of Science, 2000*

Slide 17



Slide 18

The Attachment System

- "A healthy, secure attachment generally means the child has been supported in:
 - learning coping skills,
 - helped to adapt to changes
 - learned to contain and soothe distress,
 - and learned to self-regulate their emotions and behaviors."
- *Healthy Attachment for Very Young Children in Foster Care* by JoAnne Solchany and Lisa Pilnik, pg 87.

Slide 19 Vol 27, No 6 Aug 2008, www.childlawpractice.org
(Available to download on Dr. Hill's website)

Skills Are Developed In Relationships

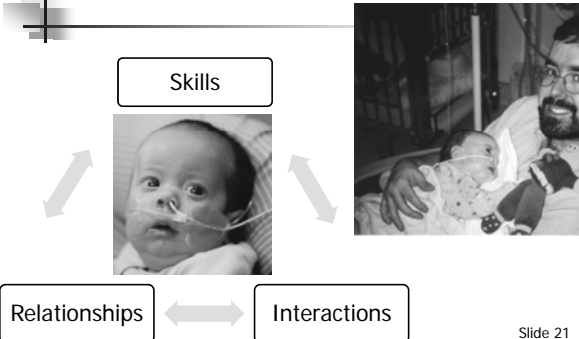


"The computational brain is controlled by the social brain"

Shonkoff, Seattle, 1/7/10

Slide 20

Skills Impact Relationships



Slide 21

Relationships Set Biological Stress Systems

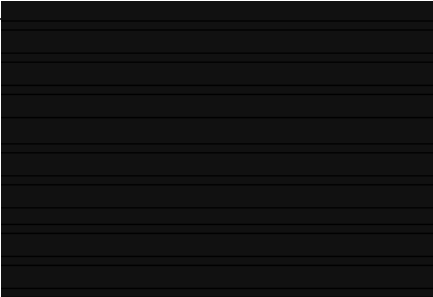
- Stress Types
 - Positive
 - Tolerable
 - Toxic



National Scientific Council on the Developing Child
www.developingchild.net

"The good, the bad and the ugly."
(Tronick)

Setting the Stress Thermostat



Slide 23

Neglect Can Be Toxic



Neglect in the first two years of life specifically predicted aggression at 4, 6, and 8. Early abuse, later abuse and later neglect did not.

Kotch, et al. (2008) Importance of Early Neglect for Childhood Aggression. *Pediatrics*, vol. 121, pp. 725-731.

Slide 24

Stress and Trauma

Bodily Impacts in the Short and Long Term

Slide 25

Adverse Childhood Experiences

Household Dysfunction

		WA (2009)
		BRFSS
▪ Substance Abuse	27%	31%
▪ Parental Separation/Divorce	23%	25%
▪ Mental Illness	17%	23%
▪ Mother Treated Violently	13%	16%
▪ Criminal Behavior/Incarceration	6%	7%

www.acestudy.org

Slide 26

ACES Increase Health Risks

Negative Adult Health Outcomes

The Health and Social Impact of Growing Up With Adverse Childhood Experiences:
The Human and Economic Costs of the Status Quo

Recommended Reading:
The effects of childhood stress on health across the lifespan.
www.cdc.gov/ncipc/pub-res/pdf/Childhood_Stress.pdf

Slide 27

Violence and Breath


Community violence and parental conflict impacts early childhood lung function.

- Similar magnitude as:
 - Prenatal tobacco smoke exposure
 - Postnatal environmental tobacco smoke
 - Suglia, et al. (2008)

"Violence takes their breath away." (S.Hill)

Slide 28

Relationships are Important!



"Early Life Experiences are Built Into Our Bodies (for Better or for Worse)"


Shonkoff, 1/7/10

Slide 29

How Early Memories Impact Your Work

Slide 30


Babies Do Remember!



The power of routines.

Expectations → The Way the World "Is"


"Representations of how things happen"
Stern, D., Wash.D.C., 2000



This summary of experiences becomes part of memory.

First Memories - Implicit Memory

"Implicit memory is a form of nonverbal memory that is present at birth and continues throughout the life span."
• Siegel, D., Hartzell, M. (2003)




Amygdala

Slide 33

Explicit Memory

- Autobiographical Memory
- Narrative Memory
- Hippocampus Based
 - Not developed until about 3 and continues development until early 20s



Slide 34

Implicit Memory and Trauma

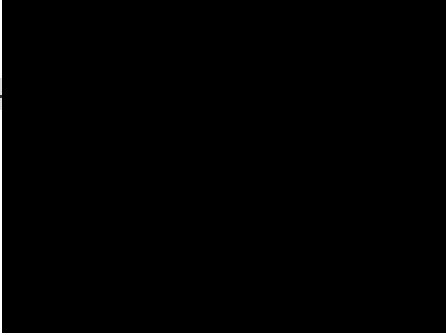
- Comfort Food
- Post-Traumatic Stress Disorder
 - "Trauma Lives in the Body" (Lieberman, 2005)
 - "Push into the mouth of the terror" (Siegal, 2008 – www.seedsofcompassion.net)

Slide 35

Implicit Memory and Caregiving

- Why cut that ham?
- Powerful Remembering Context
 - Winnicott
- Babies Bring Up Your Stuff!!!

Slide 36



Video Courtesy of Circle of Security in Spokane
www.circleofsecurity.org

Slide 37

Applying the Science to Our Day to Day Work:

Considerations for Decision Making and Practice

Slide 38

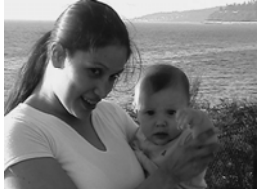


"It's about the kids. People talk about parents getting their children back. But really, this is about the children getting their parents back."
Judge Douglas F. Johnson of Omaha

Slide 39

Relationship Changes Matter

Young children grieve when their attachment relationships are disrupted – regardless of whether we as adults would consider it a positive, less than adequate or even abusive relationship.




- *Neurons to Neighborhoods*

Slide 40

The View through the Infant's Eyes

- *"We need to change the words we use.....when we move a baby in care from one home to another home...or one placement to another placement... what we are really doing is....moving a baby from one relationship to another relationship."* Dorothy Henderson, LCSW

Slide 41




"Babies don't see legal or blood relationships -- they only see interpersonal relationships."

Hill, S. & Solchany J. (November, 2005) Mental Health Assessments for Infants and Toddlers. *ABA Child Law Practice*.
Available to download at: www.earlychildhoodpolicy.com/courttrain.html

Slide 42

Babies Need a Special Someone



"Who fills this role is far less important than the quality of the relationship she or he establishes with the child."

- From *Neurons to Neighborhoods*, National Academy of Science, 2000

Slide 43

Who is stepping up to the relationship plate?


- Children need emotional care not custodial care
- Commitment is Critical
 - Dozier, M, Bick, J & Bernard, K (2011)



Slide 44

Consider Relationship Experiences


Very young children with positive relationship experiences



"....will transfer those positive expectations to the foster mother, making it easier for the new caregiver to understand the baby's need."

Dozier, M. et.al (2001)

Slide 45




" have low expectations for nurturing care and behave in ways that do not elicit nurturance."

Dozier, M. et.al (2001). *Child Development*, 72(5).

Experience Matters

Positive or negative experiences can work both ways.

Apply to parents as well as non-parental caregivers.



Slide 47

Transitions Matter

- Keep it Friendly
- Transitional Objects
- Consistency Counts
- Flexibility Also Counts
 - Try, observe, try again



Tips for Transitioning Babies
www.ccvj.org/uploads/SECMaterials/SEC%20newsletter.pdf

Slide 48

What Do Families Know?

- "Only 30% of parents know a child can experience sadness and fear by 6 months of age."
- "1 in 5 parents think a child can control their emotions, such as not having a tantrum when frustrated by 2 years old."

- ZERO TO THREE 2009 National Parent Survey
- www.zerotothree.org/parentsurvey

Slide 49

Keep in Mind: Knowledge and Relationships Are Based in Culture



"A baby can be understood only through the cultural outlook of the adults interpreting him."

- Lieberman (1990)

Slide 50

Parents, Caregivers and Babies Need Time to Learn



Understanding and learning the dance takes time, practice and patience.

Slide 51

Keep an Eye on Development!

Less than half of likely qualified infants and toddlers have a Part C Individualized Family Service Plan (IFSP).

Casaneuva, Urato, Fraser, Lederman, & Katz (2010)
In Graham, M A (2011)

www.ohiohelpmefirst.org
1-800-755-4769 (GROW)



Slide 52

Consider Trauma

- What have they witnessed?
- What have they experienced?
 - One Event --- Many Experiences
 - Important to Grown-Ups ≠ Important to Babies

Many Faces of Trauma

<http://healingresources.info/index.htm>

Slide 53




"Young children's responses to violence bear the imprint of their developmental stage."

Lieberman, Briscoe-Smith, Ghosh Ippen, Van Horn. (2006) p66

Slide 54

Babies & Toddlers Do Have Mental Health

- Infant mental health is the capacity of the child from birth to three to experience, regulate and express emotions; form close and secure interpersonal relationships; and explore the environment and learn.
- **Infant mental health is synonymous with healthy social and emotional development.**



▪ www.zerotothree.org

Slide 55

Babies Can Suffer and Need Treatment

- Traumatic Stress Responses (PTSD) and Depression have been clearly and repeatedly identified in babies 4-6 months old
- **ZERO TO THREE: National Center for Infants, Toddlers, and Families. (2005) Diagnostic Classification of Mental Health and Development Disorders of Infancy and Early Childhood, Revised (DC:0-3R)**

Slide 56

Reach Out to Partnerships with Mental Health




*Early Childhood
Mental Health
Child Welfare
Demonstration Project*

(614) 275-2642

Request your CALL Clinician or the ECMH Supervisor.

Slide 57

Parents and Caregivers May Need Help



Support, help or their own corrective experience in being parented

Slide 58

Consider Therapy Referrals



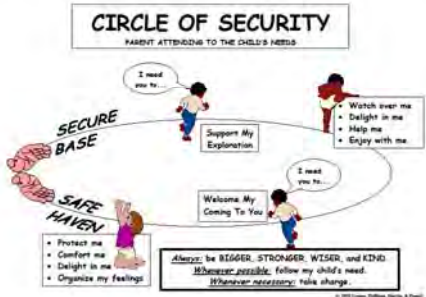
Child Parent Psychotherapy

- Attachment, Psychoanalytic and Trauma Theories
- Cognitive-Behavioral and Social Learning Therapies
- Attention to Family Cultural Values

Lieberman & Van Horn (2008)

Slide 59

Find the Delight



CIRCLE OF SECURITY
PARENT ATTENDING TO THE CHILD'S NEEDS

SECURE BASE

- I need you to...
 - Support My Exploration
 - Watch over me
 - Delight in me
 - Help me
 - Enjoy with me

SAFE HAVEN

- I need you to...
 - Welcome My Coming To You
 - Protect me
 - Comfort me
 - Delight in me
 - Organize my feelings


Always: be BIGGER, STRONGER, WISER, and KIND
Whenever possible, follow my child's need. Whenever necessary, take charge.

Slide 60

Reflect on What You Bring to the Table

What factors influence your thinking?

What is your shark music?

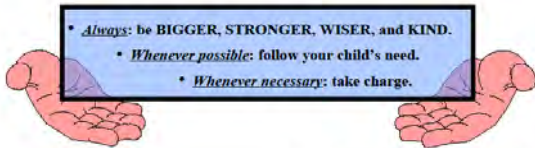


Slide 61

Don't Forget the Basics

Slide 62

(Almost)
Everything I Need to Know
About Being a Parent
in
25 Words or less




- *Always*: be **BIGGER, STRONGER, WISER, and KIND.**
- *Whenever possible*: follow your child's need.
- *Whenever necessary*: take charge.

© Cooper, Hoffman, Marvin, & Powell - 1998 circleofsecurity.org

Slide 63

Help Everyone Remember



- You can't spoil a baby!!
- And

Slide 64



Early Relationships Are Important!

Resources to Help

Ohio Based and General Early Childhood

S = Resources Available in Spanish

Franklin County Links

- Franklin County Family and Children First Council www.franklinfamilyfirst.org
- Educational Service Center of Central Ohio: www.escofcentralohio.org
- Franklin County Board of Developmental Disabilities www.fcdd.org

Agencies Providing ECMH or Parenting Services

- St. Vincent Family Centers
- Nationwide Children's Hospital
- Berea Children's Home
- Columbus Health Department
- Directions for Youth & Families
- Buckeye Ranch
- Community Refugee & Immigration Services

(list provided by Dr. Kris West, Nationwide Children's Hospital)

Slide 67

Ohio Mental Health Resources

- Ohio Association for Infant Mental Health: www.oaimh.org
- Child Abuse and Neglect DO tank (CANDO)
 - www.ohiocando4kids.org
- Ohio Dept. Mental Health Early Childhood: www.mh.state.oh.us/what-we-do/provide/children-youth-and-families/early-childhood/index.shtml

Slide 68


A Home Within-Ohio Chapters

www.ahomewithin.org

- A national organization that provides mental health services to current and former foster youth, free of charge and for as long as it takes. We achieve this by building networks of volunteer mental health professionals who provide direct, pro bono, services and professional training through Local Chapters.
- Chapters in Columbus and Medina (as of 4/1/11)

Slide 69

Ohio Early Childhood Links

- Ohio Family and Children First www.fcf.ohio.gov
- Ohio Child Care Resource & Referral Association <http://occrra.org/>
- Build -- www.build-ohio.org/index.html 
- Voices for Ohio's Children www.vfc-oh.org
- Ohio Association for the Education of Young Children (OAEYC) www.oaeyc.org
- Ohio Early Childhood Professional Development Network www.ohpdnetwork.org

Slide 70

Casey Sponsored -- WA Early Learning Symposium

Applying the Science of Early Childhood Development to State Policy and Practice: a Case for Action and a Call for Innovation (Nov. 2010)

www.casey.org/resources/events/earlylearning/wa/default.htm

- Watch videos of proceedings
- Lots of great local and national resources

Slide 71

Keeping an Eye Out for Depression

Speak Up When You're Down!

- Statewide post partum depression awareness campaigns.
 - Washington www.speakup.wa.gov
 - New Jersey www.njspeakup.gov
- Great Info and National Resources



Slide 72

Keys to Perinatal Depression

- A free, web-based training program for nurses, social workers, mental health providers and other health professionals.
 - Module I: *Understanding and Assisting Women with Perinatal and Postpartum Mood Disorders*
 - Module II, *Relationship Focused Practice*
 - Module III, *Screening for Perinatal Depression*
 - Two no-cost, self-administered detection and measurement tools are introduced and their application is demonstrated.

<http://steppingup.washington.edu/keys/default.htm>

Slide 73

More IMH and Depression Resources

www.ProjectABC-LA.org **S**

- Infant Mental Health materials for parents and professionals. Don't miss their materials page: www.projectabc-la.org/resources/materials.php
- Short video related to **Infants of Depressed Mothers Living in Poverty: Opportunities to Identify and Serve**
www.urban.org/publications/500205.html

Slide 74

Screening for SE & MH Needs

- Developmental and Social-Emotional Screening of Young Children in MN
www.health.state.mn.us/divs/fh/mch/devscrn/
- Developmental Screening and Assessment Instruments with an Emphasis on Social and Emotional Development for Young Children Ages Birth to Five (NECTAC, 2008)
<http://nectac.org/~pdfs/pubs/screening.pdf>
- A Guide to Assessment in Early Childhood: Infancy to Age Eight. Washington State Office of Superintendent of Public Instruction. 2008
www.k12.wa.us/EarlyLearning/pubdocs/assessment_print.pdf
- Screening for Social Emotional Concerns: Considerations in the Selection of Instruments (TACSEI January, 2009).
www.challengingbehavior.org/do/resources/documents/roadmap_1.pdf

Slide 75

Book Recommendations: For All Caregivers

- Siegel, D. & Hartzell, M. (2004) *Parenting from the Inside Out: How a Deeper Self-Understanding Can Help You Raise Children Who Thrive*. New York, NY: Penguin Paperback.
- Gottman, J (2004). *What am I feeling? The Five Steps of Emotion Coaching*. (There is a DVD that goes with this book and training materials that can be found at: www.parentingcounts.org)
- Greenspan, S (2000). *Building Healthy Minds: The Six Experiences that Create Intelligence and Emotional Growth in Babies and Young Children*. Cambridge, MA: Perseus Publishing.

Slide 76

ZERO TO THREE – For Parents

www.zerotothree.org

Many of the resources at their [bookstore](http://www.zerotothree.org) come in Spanish and free materials (see below) can be purchased there in full color print.

- **What's Best for My Baby and Me?:**
A 3-Step Guide for Parents (comes in packs of 12)
 - Dr. Hill's favorite for families
- **Tons of Free Parent Brochures and Guides**

www.zerotothree.org/about-us/areas-of-expertise/free-parent-brochures-and-guides/

Slide 77

More Resources for Parents

- Parenting Counts: www.parentingcounts.org
 - Lots of great short videos and social-emotional resources
- A Family Guidebook: Supporting Development of Newborns and Infants www.eicolorado.org
 - Part of their early intervention program but great for all.
- She's One Smart Mom, She's Got: www.Text4Baby.org
 - Text BABY to 511411 (Envia BEBE al 511411 para Español)
 - FREE messages each week on your cell phone to help you through your pregnancy and your baby's first year.
 - Text4baby is an educational program of the National Healthy Mothers, Healthy Babies Coalition.

Slide 78

Pyramid Model for Promoting Social-Emotional Competence in Infants and Young Children

- Technical Assistance Center on Social Emotional Intervention (TACSEI) for Young Children
www.challengingbehavior.org
- Center on the Social and Emotional Foundations for Early Learning (CSEFEL)
<http://csefel.vanderbilt.edu/> **S**
 - Tons of great handouts for parents too like “Reading Your Child’s Cues from Birth to Age 2” & “Making Life Easier: Running Errands”

Slide 79

This Emotional Life (PBS)

A dynamic interactive website, with a wealth of resources for families, based around the PBS television series on social-emotional and mental health and well-being across the lifespan.

www.pbs.org/thisemotionallife/
www.pbs.org/thisemotionallife/topic/attachment
www.pbs.org/thisemotionallife/topic/postpartum
www.pbs.org/thisemotionallife/campaign/early-moments-matter

Slide 80

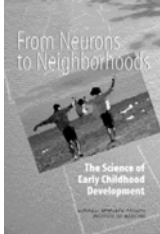
More General Good Professional Resources

ALL ZERO TO THREE PRESS

- V. Buisse & P.W. Wesley, Eds. (2006) *Evidence-Based Practice in the Early Childhood Field.*
- S.S. Heller & L. Gilkerson, Eds. (2009) *A Practical Guide to Reflective Supervision.*
- *Learning Happens* (2007) – 30 video vignettes of babies/toddlers learning skills in everyday interactions.

Slide 81

From Neurons to Neighborhoods: The Science of Early Childhood Development



Committee on Integrating the Science of Early Childhood Development
Board on Children, Youth, and Families
Institute of Medicine
National Research Council

Slide 82

Good General IMH Professional Books

- J Martin Maldonado-Duran, Editor (2002). *Infant and Toddler Mental Health: Models of Clinical Intervention with Infants and their Families.* Washington, DC: American Psychiatric Publishing Co.
- Weatherston, D., & Tableman B. (2002) *Infant Mental Health Services Supporting Competencies/Reducing Risks: A Manual for Community Programs.* Michigan Association for Infant Mental Health. www.mi-aimh.org
- Tronick, E (2007) *The Neurobehavioral and Social-Emotional Development of Infants and Children.* New York, NY: WW Norton & Co.

Good EI Oriented Professional Books

- Foley, G. M. & Hochman, J.D. Editors (2006). *Mental Health in Early Intervention: Achieving Unity in Principles and Practice.* Baltimore, MD: Brookes Publishing.
- Lillas, C, & Turnbull J (2009) *Infant/Child Mental Health, Early Intervention, and Relationship-Based Therapies: A Neurorelational Framework for Interdisciplinary Practice.* New York, NY: WW Norton & Co.
- Williamson, G., & Anzalone M. F. (2001) *Sensory Integration and Self-Regulation in Infants and Toddlers: Helping Very Young Children Interact with their Environment.* Washington, DC: ZERO TO THREE Publishing.

Treatment Summary Briefs

- Roadmap to Effective Intervention Practices: Family-Focused Interventions for Promoting Social-Emotional Development in Infants and Toddlers with or at Risk for Disabilities. (September 2010, Diane Powell and Glen Dunlap)

www.challengingbehavior.org/do/resources/documents/roadmap_5.pdf

- Clinical Interventions to Enhance Infant Mental Health: A Selective Review (July 2005, Zeanah, Stafford and Zeanah)

www.healthychild.ucla.edu/publications/IMH%20Evidence%20Review%20FINAL.pdf

- Improving Maternal and Infant Mental Health: Focus on Maternal Depression (July 2005, Ngozi Onunaku)

www.healthychild.ucla.edu/publications/Maternal%20Depression%20Report%20FINAL.pdf

National Scientific Council on the Developing Child

www.developingchild.net

- Collaboration - neuroscience, early childhood development, pediatrics, and economics.
- Don't Miss the In Brief Series!

http://developingchild.harvard.edu/library/multimedia/inbrief_series/

- Short Videos and 2-Page Briefs On:
 - The Science of Early Childhood Development
 - The Impact of Early Adversity on Brain Development
 - Early Childhood Program Effectiveness

Slide 86

ZERO TO THREE – National Center for Infants, Toddlers and Families

www.zerotothree.org

- Great stuff for professionals, policy makers, and advocates.
 - From Baby to Big Kid - monthly developmental newsletters
 - School Readiness Birth to 3 – interactive learning tool for readiness activities
- Child Maltreatment Related:
 - www.zerotothree.org/maltreatment/

Slide 87

National Technical Assistance Center for Children's Mental Health

<http://gucchd.georgetown.edu/67211.html>

- Georgetown U Center for Child & Human Development
- Lots of great resources and free training conference calls
- Center for Early Childhood Mental Health Consultation : www.ecmhc.org
 - Free online Trauma tutorial
 - **Free downloadable short books to assist caregivers in tracking developmental progress and help young children develop an emotional vocabulary.**

Slide 88

National Early Intervention and Early Childhood TA Sites

- Early Childhood Outcomes Center:
www.fpg.unc.edu/~ECO/
- National Early Childhood Technical Assistance Center
www.nectac.org/default.asp
www.nectac.org/topics/menhealth/menhealth.asp
- Western Regional Resource Center:
www.rrfcnetwork.org/wrrc

Slide 89

Early Childhood Policy Websites

- ZERO TO THREE Policy Center
 - General Link – They send out great info and updates!
www.zerotothree.org/policy
 - Early Intervention Page
www.zerotothree.org/public-policy/infant-toddler-policy-issues/early-intervention-1.html
- Birth to Five Policy Alliance www.birthtofivepolicy.org
- Ounce of Prevention Fund www.ounceofprevention.org
- First Five Years Fund www.ffyf.org

Slide 90

Resources to Help

Trauma, Child Welfare and Court Related

S = Resources Available in Spanish

National Court and Child Welfare Projects

- ZERO TO THREE Court Teams for Maltreated Infants & Toddlers
 - Free video: "Helping Babies from the Bench."
www.zerotothree.org/maltreatment/court-teams/index.html
- American Bar Association – Improving Understanding of Maternal and Child Health
www.americanbar.org/groups/child_law/projects_initiatives/health_of_infants_toddlers_preschoolers_iunch.html

Don't miss the new Judge's Guide - [Healthy Beginning, Healthy Futures](#)

Slide 92

Getting the Courts to Ask: How is the baby or toddler doing?

- *Questions Every Judge and Lawyer Should ask About Infants and Toddlers In the Child Welfare System*
www.ncjfcj.org/store/product_info.php?cPath=21_22_28&products_id=90
- *Ensuring the Healthy Development of Infants in Foster Care: A Guide for Judges, Advocates and Child Welfare Professionals*
www.zerotothree.org/about-us/funded-projects/court-teams/court-teams-popular-resources.html

Slide 93

Partnering with the Courts Recommended Readings

- ABA/ZERO TO THREE Joint Briefs (2007)
 - Healing the Youngest Children: Model Court-Community Partnerships
 - Visitation with Infants and Toddlers in Foster Care: What Judges and Attorneys Need to Know
www.zerotothree.org/about-us/funded-projects/court-teams/court-teams-popular-resources.html
- Child Centered Practices for the Courtroom and Community: A Guide to Working Effectively with Young Children and Their Families in the Child Welfare System.
 - Lynne F Katz, EdD, Judge Cindy S Lederman, & Joy D Osofsky, PhD
 - Brookes Publishing, 2010

Slide 94

Special Journal Issues for Courts/Child Welfare

- Juvenile and Family Court Journal, NCJFCJ, Fall 2008 – vol. 59 no. 4. Special Issue – Children and Trauma
- Juvenile and Family Court Journal, NCJFCJ, Spring 2004 – vol. 55 no. 2. Special Issue–Infants and Toddlers in Court
- Infant Mental Health Journal, Jan/Feb 2008 – vol. 29 no. 1. Special Issue – Forensic Issues in Infant Mental Health
- ZERO TO THREE Journal
 - Improving the Lives of Infants and Toddlers in Foster Care – January 2011, Vol 31, no. 3
 - Current Trends in Child Welfare – July 2008, Vol 28, no. 6
 - Coping with Separation and Loss -- July 2007, Vol 27, no.6

Child Welfare Professional Readings/Materials

- Michigan Association of Infant Mental Health
www.mi-aimh.org
 - *Guidelines for Comprehensive Assessment of Infants and their Parents in the Child Welfare System.* (2005)
 - *Supporting Relationships for Infants and Toddlers with Two Homes.* (2010)
- Brenda Jones Harden (2007) *Infants in the Child Welfare System: A Developmental Framework for Policy and Practice.* ZERO TO THREE Press.
- Sheryl Dicker (2009) *Reversing the Odds: Improving Outcomes for Babies in the Child Welfare System.* Brookes Publishing.

Child Welfare and EI CAPTA & IDEA

- National Early Childhood Technical Assistance Center
www.nectac.org/topics/earlyid/capta.asp
- Child Welfare Information Gateway
www.childwelfare.gov/systemwide/service_array/earlychildhood/childwelfare.cfm
- Administration for Children & Families
www.acf.hhs.gov/programs/cb/laws_policies/cblaws/capta/index.htm

Slide 97

Web Resources on Trauma

- Healing Resources.info: Preventing and Healing Stress Related Problems
 - www.healingresources.info
 - Great Video! *Trauma, Brain & Relationship: Helping Children Heal*
- The ChildTrauma Academy
 - www.childtrauma.org
- National Center for Children Exposed to Violence
 - www.nccev.org

Slide 98

National Child Traumatic Stress Network

www.nctsn.org



Mission: To raise the standard of care and improve access to services for traumatized children, their families and communities throughout the United States.

Tons of great resources for professionals and caregivers and lots of free training options.
Includes special resources for military families.

Slide 99

Trauma Readings

- Ed: Lieberman, AF & DeMartino, R (2006) **Pediatric Round Table: Interventions for Children Exposed to Violence**, Johnson & Johnson Pediatric Institute.
 - Lieberman, AF, Briscoe-Smith, A, Ghosh Ippen, C, Van Horn, P. *Violence in Infancy and Early Childhood: Relationship-Based Treatment and Evaluation*. P. 65-83
www.nctsn.org/nctsn_assets/pdfs/reports/HarrisManuscript.pdf
- Ed: Joy D. Osofsky (2005) **Young Children and Trauma: Intervention and Treatment**. Guilford Press
- Solomon, MF, & Siegel, DJ (2003) **Healing Trauma: Attachment, Mind, Body and Brain**. Norton Prof. Books
- Lieberman, AF (2007) Ghosts and Angels: Intergenerational patterns in the transmission and treatment of the traumatic sequelae of domestic violence. *Infant Mental Health Journal*, 28 (4) 442-439.

Slide 100

More Trauma Readings

- Osofsky, J. (2003) *Prevalence of Children's Exposure to Domestic Violence and Child Maltreatment: Implications for Prevention and Intervention*. *Clinical Child and Family Psychology Review*, Vol. 6, No 3, pp. 161-170.
- Kathleen Rice & Betsy Groves (Child Witness to Violence Project, Boston Medical Center) (2005) *Hope & Healing: A Caregiver's Guide to Helping Young Children Affected by Trauma*. ZERO TO THREE Press.
- Lieberman, Compton, Van Horn, and Ippen (2003) *Losing a Parent to Death in the Early Years: Guidelines for the Treatment of Traumatic Bereavement in Infancy and Early Childhood*. ZERO TO THREE Press.

Slide 101

Mary Dozier - ABC Intervention

The Attachment and Biobehavioral Catch-up Intervention is a training program for caregivers of young children who have been neglected and caregivers of young children in foster care.

<http://abcintervention.com/>

Slide 102

Child Parent Psychotherapy Basic Books

- Lieberman, A. & Van Horn, P. (2005) **Don't Hit My Mommy! A Manual for Child-Parent Psychotherapy With Young Witnesses of Family Violence.** Washington, D.C.: ZERO TO THREE Press.
- Lieberman, A. & Van Horn, P. (2008) **Psychotherapy with Infants and Young Children: Repairing the Effects of Stress and Trauma on Early Attachment.** New York, NY: Guilford Press.

Slide 103

Improvements with CPP

<ul style="list-style-type: none"> ■ Dyad <ul style="list-style-type: none"> ■ Relationship Interactions ■ Attachment Security ■ Parent (Typ. Mother) <ul style="list-style-type: none"> ■ Mood ■ PTSD symptoms 	<ul style="list-style-type: none"> ■ Child <ul style="list-style-type: none"> ■ Behavior ■ PTSD Symptoms ■ Attributions ■ Cognitive Functioning <p style="text-align: right; font-size: small;">Lieberman & Van Horn (2008)</p>
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Miami-Dade CPP

Slide 104

Evidence Based Practice

- Dept. of Justice and Dept. of Health and Human Services 2011 Publication
 - Evidence-Based Practices for Children Exposed to Violence: A Selection from Federal Databases
www.safestartcenter.org/pdf/Evidence-Based-Practices-Matrix_2011.pdf
- California Evidence Based Clearinghouse for Child Welfare: www.cebc4cw.org
 - Child Parent Psychotherapy:
www.cebc4cw.org/program/49

Slide 105

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- Washington State Institute for Public Policy (2004) Decline in Washington's Family Reunifications: What Influenced this Trend?
- Wulczyn, F. & Hislop, K.B (2002) Babies in Foster Care the Numbers Call for Attention, Zero to Three, Vol. 22:5.