



## **SUPPORTING EARLY CONNECTIONS**

### **King County Infant Mental Health Dependency Court Project**

#### **LANGUAGE FOR COURT ORDERS**

##### **Supporting Early Connections**

- **The parents have volunteered to work with their child on their relationship in child/parent therapy as provided by NAVOS, a community mental health provider. This is a relationship-based approach to the treatment of mental health issues in infancy and early childhood. The goal of Child-Parent Psychotherapy is to promote a psychological partnership where the child's abilities to regulate and integrate his or her feelings, as well as understand their "world" are supported by the parent's increasing capacity to protect and respond in developmentally appropriate ways.**
- **Therapy will typically be provided on a weekly basis but there may be times when twice a week participation makes good clinical sense or when sessions may be held every other week.**
- **Progress will be evaluated based on oral and written reports from NAVOS provider regarding movement toward agreed upon treatment goals.**
- **Service will begin on \_\_\_\_\_ / has begun.**
- **Service to be completed approximately 10 months from the start date of the service or when the agreed-upon goals have been met.**
- **The child is the NAVOS client and the program is provided to the family at no cost.**
- **Completion of this program is not a prerequisite to dismissal of the dependency case or to placement of the child with either parent.**