

Supporting Social-Emotional Development and Infant Mental Health & Well-Being Resources

Developed for the Early Support for Infants and Toddlers Program

by Sheri L. Hill, PHD August 2011

This list is not comprehensive. It is a snapshot of books and materials that Dr. Hill is familiar with that you may find helpful for your work as you consider options to build your library with ARRA funds.

Books for Professionals

- Buysse, V. & Wesley, P.W. Editors (2006) **Evidence-Based Practice in the Early Childhood Field.** Washington DC: ZERO TO THREE Press.
- Foley, G. M. & Hochman, J.D. Editors (2006). **Mental Health in Early Intervention: Achieving Unity in Principles and Practice.** Baltimore, MD: Brookes Publishing.
- Harden, BJ (2007) **Infants in the Child Welfare System: A Developmental Framework for Policy and Practice.** Washington DC: ZERO TO THREE Press.
- Heller, S.S. & Gilkerson, L Eds. (2009) **A Practical Guide to Reflective Supervision.** Washington DC: ZERO TO THREE Press.
- Katz, LF, Lederman, CS, & Osofsky, JD. (2010) **Child Centered Practices for the Courtroom and Community: A Guide to Working Effectively with Young Children and Their Families in the Child Welfare System.** Baltimore, MD: Brookes Publishing.
- Lieberman, A. & Van Horn, P. (2008) **Psychotherapy with Infants and Young Children: Repairing the Effects of Stress and Trauma on Early Attachment.** New York, NY: Guilford Press.
- Lieberman, A. & Van Horn, P. (2005) **Don't Hit My Mommy! A Manual for Child-Parent Psychotherapy With Young Witnesses of Family Violence.** Washington, DC: ZERO TO THREE Press.
- Osofsky, J., Editor, Foreword by Alicia F Lieberman (2011) **Clinical Work with Traumatized Young Children.** New York, NY: Guilford Press
- Rice, K., & Groves, B (2005) **Hope & Healing: A Caregiver's Guide to Helping Young Children Affected by Trauma.** Washington, DC: ZERO TO THREE Press.
- Shonkoff, J. P. & Phillips, D. A., Editors: Committee on Integrating the Science of Early Childhood Development, Board on Children, Youth, & Families (2000). **From Neurons to Neighborhoods: The Science of Early Childhood Development.** Washington, DC: National Academy Press.
- Williamson, G., & Anzalone M. F. (2001) **Sensory Integration and Self-Regulation in Infants and Toddlers: Helping Very Young Children Interact with their Environment.** Washington, DC: ZERO TO THREE Press.
- **Zero to Three Journal** – Back Issues of Key Interest (There are many more than this, these are just a few highlights)
 - **Early Intervention**, March 2011
 - **Improving Infants and Toddlers in Foster Care**, January 2011
 - **The Power of Partnerships**, July 2009
 - **Coping with Separation and Loss**, July 2007

- ZERO TO THREE: National Center for Infants, Toddlers, and Families. (2005) **Diagnostic Classification of Mental Health and Development Disorders of Infancy and Early Childhood, Revised (DC:0-3R)**, Washington DC: ZERO TO THREE Press.

Stand Alone DVDs

- **Learning Happens** (2007). Washington DC, ZERO TO THREE Press.
 - 30 video vignettes of babies/toddlers learning skills in everyday interactions.
- **Trauma, Brain & Relationship: Helping Children Heal**
 - <http://www.healingresources.info/> - You can stream this video from here.
 - For additional copies of this documentary call the [Santa Barbara Graduate Institute](#) at 805/963-6896 or email the SBGI at tr@sbg.edu. You can also download an [order form in pdf-format here](#).

Books with Related Materials for Parents, Providers and Caregivers

- Brazelton, T.B. & Sparrow, J. D. (2006) Touchpoints: Birth to Three, Your Child's Emotional and Behavioral Development, Second Edition/Fully Revised. Cambridge, MA: De Capo Press.
- Gottman, J (2004). **What am I feeling? The Five Steps of Emotion Coaching**. Seattle, WA: Parenting Counts/Talaris.
 - There is a DVD and pamphlets that go with this book as well as training materials that can be found at: www.parentingcounts.org .
 - There are also two board books that go with this: **Baby Feelings & Big Feelings**
 - Available in Spanish
- Greenspan, S (2000). **Building Healthy Minds: The Six Experiences that Create Intelligence and Emotional Growth in Babies and Young Children**. Cambridge, MA: Perseus Publishing.
- Siegel, D. & Hartzell, M. (2004) **Parenting from the Inside Out: How a Deeper Self-Understanding Can Help You Raise Children Who Thrive**. New York, NY: Penguin Paperback.
 - There are DVD's and training for both professionals and parents that go with this book and a wealth of other materials on mindful parenting at <http://drdaniele.com> .

Materials for Parents and Caregivers from ZERO TO THREE – All available in English and Spanish

- **Wheel Sets—Behavior Has Meaning**
 - Comes in packets of 10 wheels
 - English on one side and Spanish on the other
- **Your Baby's and Toddler's Early Learning**
 - Comes in packets of 5 tear-off pads, 100 sheets per pad
 - English on one Side and Spanish on the other
- **What's Best for My Baby and Me?: A 3-Step Guide for Parents**
 - Packet of 12 booklets
 - Dr. Hill's favorite!
- **Early Arrival: Finding the Magic of Everyday Moments With Your Baby in the Neonatal Intensive Care Unit (NICU)**
 - Packet of 20 booklets